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Computational Investigation of Airflow Dynamics in Human Airways

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Outline

- Introduction
- Computational Setup
- Preliminary Results
- Summary



Introduction

- Aerosolized drug delivery is key to treatment of pulmonary ailments such as asthma, COPD, lung tumors, pulmonary infection^{1,2}
- Improved regional deposition of inhaled drugs crucial for maximizing drug efficiency and minimizing side effects
- Advanced imaging techniques such as MRI, HRCT, PET, and QCT:
 - Enabled objective assessment of phenotype of airways through *in vitro* and *in vivo* experiments
 - Information tend to be limited for effective treatment
- Computational tools useful to examine airflow patterns and localized deposition in respiratory airways³⁻¹⁰
- Computational investigation is challenging due to geometric complexities, wide range of flow patterns, aerosol dynamics, etc.
- **Objective:** to establish a computational framework for investigation of regional aerosol deposition within upper airways
- **Current focus:** investigate flow pattern in a realistic extrathoracic airways

¹Busse (2001); ²Finlay (2001); ³Stapleton (2000); ⁴Matida et al. (2004); ⁵Jin et al. (2007); ⁶Jayaraju et al. (2007); ⁷Dehbi (2011); ⁸Longest & Holbrook (2012); ⁹Nicolaou & Zaki (2013); ¹⁰Koullapis et al. (2018) **3**



Computational Setup

- SimInhale case¹ is considered in this study
 - A Benchmark Case
 - Geometry available in STL format
 - Reduced from respiratory airways comprising of up to 12th generation
 - Comprise of 1 inlet and 10 outlets
 - Retains pathways with diameter greater than 3 mm retained
- Results available for 3 inhalation flow rates
 - 15 L/min, 30 L/min, 60 L/min
 - First two cases exhibit laminar to turbulent transition and last case is fully developed turbulent flow
- Data available for comparison of both flow field and particle deposition



SimInhale Model¹



Computational Setup

- **Domain:** truncated SimInhale geometry comprising of extrathoracic airways
- Details of computational mesh:
 - Number of cells: 1.6 M
 - Tetrahedral cells with 3 prism layers adjacent to walls
- Boundary conditions:
 - Turbulent inlet conditions with 10% turbulence intensity ($Re_{in} = \frac{U_{in}d_{in}}{v} = 936$)
 - Two outlets (parts of left and right bronchus)
 - No-slip boundary condition specified on all walls
- Large eddy simulation (LES) performed using an in-house customized version of OpenFOAM¹ solver: LDKM² used for closure of eddy viscosity

¹www.openfoam.com; ²Kim & Menon (1999)





Truncated Model



Preliminary Results: Flow Structures

- Q-criterion and streamlines show complex 3D flow patterns: flow separation, reattachment, shear layers, etc.
- Complex geometry with curvature and bends modulate flow field:
 - Expansion in nasal cavity region reduces velocity magnitude
 - Constriction in larynx region accelerates flow
 - Shear layer occurs post larynx region
- Such flow patterns can significantly affect local aerosol deposition



Fluids & Combustion Modeling



Preliminary Results: Instantaneous Flow Field









z-component of velocity

- Significant variation of velocity field in central sagittal plane observed as flow occurs through extrathoracic airways
- Effect of airway curvature and bends lead to formation of shear layers and flow separation





Preliminary Results: Instantaneous Eddy Viscosity



- Ratio of eddy and kinematic viscosity used to identify regions where contribution of subgrid-scale (SGS) model is significant
- Significant SGS contributions evident in near-wall regions, shear layers, expansion/contraction regions



Summary

- LES of airflow within extrathoracic airways performed using truncated geometry of SimInhale case
- Preliminary results show complex 3D flow patterns due to airway curvature and bends
- SGS contribution is evident in different parts of airway regions
- Future Work:
 - Perform validation study by comparing with available statistical data
 - Examine sensitivity of results to different SGS models
 - Simulate aerosol dynamics and compare regional aerosol deposition with experimental data